

HOOFPRINTS OF

SPRING 2022

REGION 5



In the News:

p 20-21 - Region 5 at Camp
McClellan

Region 5 Business:

p 23 - March Meeting Minutes

2022 Board of Directors

Region 5:

Sherry Garnes, President
Marsha Howard, Vice President
Patty Lucas, Secretary
Cindy Keen
Bill Moore
Sandy Pegram
Paula Riley
Victoria Whitehead
Patricia Petelle (alternate)
Sara Baldwin (alternate)

National:

Esther Diaguila
Kris Gray

WE WANT TO HEAR FROM YOU!

RIDE MANAGEMENT/JUDGES
RECAP AND RESULTS
FROM YOUR EVENT, PHOTOS,
TIPS FOR RIDERS, ANSWERS TO FAQ

RIDERS:
PHOTOS, SHARE YOUR
STORY, TIPS FOR NEW RIDERS, ETC

Deadline: August 15

Please submit to:
lindaclay@aol.com or katcasey4@icloud.com



Patty Lucas with Georgia - Mingo Trails

A note from Sherry



I would like to take this opportunity to thank the region, for your trust in electing me to be the Region 5 President, it is my pleasure to serve you in 2022. Our newly elected Executive Officers are Marsha Howard – Vice President and Patty Lucas – Secretary. Congratulations to all the award winners for 2021, especially Tommy Mitchell and Red for their outstanding performance. We celebrated everyone's success on March 5, 2022, at The Tryon International Equestrian Center for our Mini Convention, it was a fun time for all. The R5 BOD met on March 4, 2022. The new proposed rule changes for National was discussed. I encourage all members to review these changes, send an email to our R5 National Representatives, Esther Diaguila and Kris Gray, with your thoughts.

Spring has Sprung and we are off and running. We've had a total of 34 new riders that have joined us so far in 2022. The best compliment I heard from a new rider was, "I've never met a nicer bunch of people that you compete against." The mentoring program we have in place is working well to support the first-time rider. The ride scheduled is full this year with twelve A & B rides and seven LED rides. We need everyone to come out and support as many rides as possible, check out that schedule and let's get out there and ride!

Until next time, I leave you with: "Two feet move your body. Four feet move your soul." ~Anonymous

Sherry Garnes



May 21-22, 2022	Tennessee Trail Scamper , Location TBD Marsha Howard, 615 513-9371, mrhmail00@gmail.com	A-O, A&B N, CP Tentative
June 18-19, 2022	Garrie Bates Memorial /Virginia Highlands, Cripple Creek, Va Nancy Sluys, 336 351-4753, minglewood@surry.net	A&B- O, N, CP Tentative
Sept 10-11, 2022	Welcome to the NATRC Family , Hatchet Valley Farms, Rockford, AL Sara Baldwin and Douglas McConnell, 256 377-2656. forestowners@wildblue.net .	Clinic plus LeD: Jr, Adult, Exp Confirmed
Sept 24-25, 2022	Helene Pritchard Memorial @ Kings Mtn , Blacksburg, SC Ride Manager Needed	A-O, A&B N, CP Tentative
Oct 8-9, 2022	French Broad Classic , Asheville, NC Sherry Garnes, 828 400-7402, sherrymgarnes@gmail.com	A-O, A&B N, CP LeD: Jr, Adult, Exp Confirmed
Oct 15-16, 2022	Old St Stephens Park LeD , St Stephens, AL Sandy Pegram, 205 492-2309, swpjp@aol.com	LeD: Jr, Adult, Exp Tentative
Oct 22-23, 2022	Southern Trails , Alexander City, AL Victoria Whitehead, 706 975-8414, whiteheadva16@gmail.com	A&B- O, N, CP Tentative

2022 Webinar Series

[Register](#)

"RIDER PREPARATION & SELF CARE: A LONG DISTANCE RIDER'S GUIDE TO SUCCESSFUL AND HEALTHY MILES IN THE SADDLE"

Wednesday, June 22, 2022
7 p.m. Central Time

PRESENTER:
Sarah J. Smith

"LET'S RIDE"
NATRC SEMINAR
SERIES



Trail Tales

This past weekend, the New Year Resolution CTR was held in Jasper, Florida. Prior to the ride, there is a lot of prep work, not the least is decorating the trails with all colors of ribbons, directional arrows and written instructions on paper plates. For this job, a Trail Master is a must. Unfortunately, the incredibly capable Trail Master for the NYR, Kris Gray, tested positive for COVID just before heading to Jasper to map and ribbon the trails. I am incredibly grateful to Sara Baldwin for volunteering for the job at the last minute.

**It all starts with
someone saying,
“I think I’d like
to be a Ride
Manager for an
NATRC ride!”**



Having a forest permit and a gator makes the job much easier ... unless you bury said gator up to the floor boards in mucky black mud. Sara and I started out on the gator, following maps that Kris, at home sick, but still working away on her computer to generate the maps for the ride, created. All was

going well until the gator sucking mudhole tried to swallow us. Being the competent, horsey-type people we are, we worked to get the gator out. At one point, Sara was in the driver’s seat, 4 wheel drive engaged, and me behind, trying to push enough for the tires to grab solid land. As the gator inched forward, I slipped and down into the mud I went and came up covered from head to toe in icky, black mud. My boots were just big clods of mud weighing about 10 pounds each. It was shortly after this point, that we gave up and called Richard McCulley. Richard, a very

Esther Diaguila

photos submitted by: Esther Diaguila

The John Stroh and Rosie report: We were waiting for metabolics. She (Rosie) was exceptionally spunky all weekend so I had her turned around facing away from the vet. There were some pink marker ribbons on the tree limb beside her and she decided she needed one for some reason! She very quickly reached over and grabbed one! It provided a good opportunity for me to maneuver her in position to put the ribbon back! John, Rosie is a trail-marking horse in the making!



Oopsy

I found a new reason to carry duct tape in my trail bag while at the NYR ride!

As Honeybun and I came into the second P and R, the seam of my pants caught on my sponge clip and when I dismounted, my pants ripped from the top of my thigh to my knee! Oops! The P and R team were super-efficient at finding some tape and everyone was all a flurry repairing my pants. Designer touches complements of Suzie Geiger. So one more reason to carry tape. It made for some good belly laughs!

Rides are always an adventure, whether you are a Ride Manager, volunteer or

***the fun,
the adventurous and
the woebegone***

What's In Your Emergency Toolkit?

Check out these tips from Trailmeister to travel with confidence...

Not planning ahead is planning to fail.

Things happen and being able to handle minor inconveniences on your own can keep you on the trail and your trip without having to call for help. Just about anything in your truck, trailer or tent that can snap, crack, rip loose, tear, bend, leak, spark, or fall off will do exactly that—and always when you're out enjoying a trail ride 40 miles from nowhere and 10 miles from the nearest cell phone reception.

The whole trick to maintaining inner tranquility and not letting a mini disaster spoil your trip is to have a well-equipped emergency toolkit on hand. It should contain basic items that can help you deal with everyday problems and annoyances.

Sure, you could call your roadside assistance company and wait for an hour. Or, you could prepare for the worst, and be back on the road in 10 minutes.

No matter how well constructed your horse trailer is, eventually something will have to be tightened, loosened, pounded flat, pried or cut. Here are some mostly inexpensive yet important items that newcomers and veteran campers alike should pack for every trip, both big and small.

The 4 Essentials:

- Fire extinguisher – for keeping a small fire from becoming unmanageable. – <https://amzn.to/3tWNgNc>
- Jumper cables – for saving the day if your leave your headlights on. – <https://amzn.to/3lkWtCG>
- Jump starter battery pack – for saving the day if your leave your headlights on, and you're on your own. – <https://amzn.to/3LA1DAi>
- First Aid Kit – for being your own doc until a real one can arrive. – <https://amzn.to/2QApnfL>

The 10 Tools:

- Phillips head and flat bladed screwdrivers – for tightening and loosening screws; also for prying items apart. – <https://amzn.to/3smTchZ>
- Pliers – for holding machine nuts while installing or removing, or squeezing items together. – <https://amzn.to/3lSMluo>
- Channel-lock pliers – for dealing with oversized machine nuts or turning pipes. – <https://amzn.to/3lSMluo>
- Adjustable Crescent wrench – for tightening and loosening bolts and machine nuts. – <https://amzn.to/3sngHaP>
- Claw hammer – for straightening what got bent, bending what got straightened, driving nails and stakes, and pulling them out again, and providing “persuasion” where needed. – <https://amzn.to/39eXqk1>
- Pocket knife – for cutting rope and twine, stripping wire insulation, or just whittling if you’re so inclined. – <https://amzn.to/3t-V52Ad>
- Wire cutters – for cutting electrical wire, or turning metal coat hangers into marshmallow skewers.- <https://amzn.to/3lSMluo>
- Small tape measure – for determining how much ground clearance you’ll have while trying to get over that boulder embedded in the road. – <https://amzn.to/3d2hEPc>
- Mini hacksaw – for cutting away twisted bolts, damaged metal work, thicker plastics...anything where a knife won’t work. – <https://amzn.to/3cmc4la>
- Folding tree saw – for cutting trees that have fallen across the only road out and you can’t back up. – <https://amzn.to/3cmc76O>



3 Things to Keep Stuff Together:

While glue won't mend a broken heart, it'll fix lots of other things and can keep a situation from going from bad to worse.

- Glue – for high strength repairs of most anything. – <https://amzn.to/2NWxFhc>
- Zip ties – for bundling bits and bobs and keeping them out of the way. – <https://amzn.to/3r1TBQt>
- Duct tape – for a universal fix-it that's good for practically any repair. – <https://amzn.to/3d4Mbfe>

5 Things to Help Keep the Lights On:

Nothing is more aggravating than trailer lights blinking on and off on their own. Or having a police officer pull you over because a brake light is out. That's why having a few select electrical items in your well-equipped traveling toolbox can be unbelievably handy.

- Electrical tape – for preventing sparks and keeping fuses from blowing. – <https://amzn.to/2PqqApq>
- Spare Fuses in various amperage ratings – for replacing blown fuses on your power panel. – <https://amzn.to/2PtREnA>
- Spare bulbs for brake, turn and running lights – for saving you from a traffic violation or worse. – <https://amzn.to/3cmObR2>
- Head-mounted LED flashlight – for working in the dark where you need both hands free. – <https://amzn.to/39dhlzO>
- Multi-meter – for identifying electrical problems. – <https://amzn.to/3w0yVAX>

9 Tire Changing Tools:

- Roadside Triangles – for being seen if you have to change a tire on the side of the road. Get at least 3 of the DOT approved ones. – <https://amzn.to/3liqJOr>
- Reflective safety vest – for being seen if you have to change a tire on the side of the road. – <https://amzn.to/3lkVp1E>
- Wheel chocks – for keeping the vehicle from rolling when you don't want it to. – <https://amzn.to/3co30m4>
- Trailer aid – for an easier way to lift a trailer for changing a tire. – <https://amzn.to/3cmlWSj>
- Lug wrench – for changing a tire – <https://amzn.to/3sxosLa>
- Can of Fix a Flat – for a temporary tire fix until you can get into a repair shop. – <https://amzn.to/3fmg4dA>
- Gloves – for keeping your hands in one piece while you're making repairs. – <https://amzn.to/3ckd7Za>
- Tire pressure gauge – for making sure your tires are ready to roll. – <https://amzn.to/2PaHw3k>
- Portable air compressor – for inflating a flat the easy way. – <https://amzn.to/3JspUGG>

3 Miscellaneous Items I Won't Go Without:

- Multi Tool – for solving a million and one everyday problems. <https://amzn.to/2PrkZzk>
- Permanent Marker – for marking your things, and keeping track of which wire is which. – <https://amzn.to/3rocX7A>
- Communications Device other than cell phone – for getting help when there's no bars on the phone – <https://www.trailmeister.com/satellite-messengers/>

My goal with all of these items is to be able to make a temporary fix to get me home if something were to break and have a reliable way to call for help if I cannot make the appropriate repairs.



Trailer Toolkit Checklist – From www.TrailMeister.com

Your Where to Ride Guide



Vacation Savers to Keep in Your Truck / Trailer

4 Essentials	10 Tools	9 Tire Changing Tools
<input type="checkbox"/> Fire extinguisher	<input type="checkbox"/> Screwdrivers (Phillips & Flat)	<input type="checkbox"/> Roadside triangles
<input type="checkbox"/> Jumper cables	<input type="checkbox"/> Pliers	<input type="checkbox"/> Reflective safety vest
<input type="checkbox"/> Jump start battery pack	<input type="checkbox"/> Channel-lock pliers	<input type="checkbox"/> Wheel chocks
<input type="checkbox"/> First aid kit	<input type="checkbox"/> Adjustable crescent wrench	<input type="checkbox"/> Trailer aid
	<input type="checkbox"/> Claw hammer	<input type="checkbox"/> Lug wrench
3 Connecting Items	<input type="checkbox"/> Pocket knife	<input type="checkbox"/> Can of Fix a Flat
<input type="checkbox"/> Glue	<input type="checkbox"/> Wire cutters	<input type="checkbox"/> Gloves
<input type="checkbox"/> Zip ties	<input type="checkbox"/> Tape measure	<input type="checkbox"/> Tire pressure gauge
<input type="checkbox"/> Duct tape	<input type="checkbox"/> Mini hacksaw	<input type="checkbox"/> Portable air compressor
	<input type="checkbox"/> Folding Saw	
		MISC. Add Your Own
5 to Keep the Lights on	3 Optional	<input type="checkbox"/>
<input type="checkbox"/> Electrical tape	<input type="checkbox"/> Multi tool	<input type="checkbox"/>
<input type="checkbox"/> Spare fuses	<input type="checkbox"/> Permanent marker	<input type="checkbox"/>
<input type="checkbox"/> Spare bulbs	<input type="checkbox"/> Communications device	<input type="checkbox"/>
<input type="checkbox"/> LED flashlight		<input type="checkbox"/>
<input type="checkbox"/> Multi-meter		<input type="checkbox"/>
		<input type="checkbox"/>

R5 Benefit @ MINGO TRAILS



Toomsboro, Georgia - Mar 27-28, 2022

photo credit: Courtney Keen Woodall, Sherry Garnes



SPRING in DIXIE

Fort McClellan - Anniston, Alabama



Great horses, friends and trails made for a wonderful weekend at Spring In Dixie! Patty Lucas and Sara Baldwin did an outstanding job, trails were marked and timed perfectly. Looking forward to next year. - Sherry Garnes





Henry and I had a wonderful time at the Region 5 Spring in Dixie ride in Anniston Alabama last weekend. The dogwood trees were in full bloom and the trails were challenging and well marked. A special note of thanks to Patty Lucas and to her team for such a well organized ride. Also thanks to Nancy Fuller who saved our ride by replacing the front shoe that Henry lost on the ride on Saturday.

- Gayle Muench



Photo credit: Patty Lucas, Gayle Muench, Courtney Woodall

H Cooper Black

RIDE in the PINES



Cheraw, South Carolina



Garland Mtn Gala

LeD - Waleska, Georgia



Garland Mountain Horse and Hiking Trails



Trail riding competition being held

By Bill Wilson / **The Anniston Star** Apr 9, 2022



The North American Trail Ride Conference is at the Camp McClellan Horse Trails for the weekend, the ride being divided into two days of competition. On Friday the vet was checking the horses of 30 participants. Shown is Beth Ellenburg from Jasper, Ga., letting an equine buddy get some head-scratching relief.
Bill Wilson / The Anniston Star

The North American Trail Ride Conference is holding a 2-day competition at the Camp McClellan Horse Trails this weekend, attracting riders from about half-a-dozen states in the region. Each day presents riders with a different trail — either 15 or 25 miles long, depending on skill level — on which riding proficiency and safe horsemanship are judged. Riding style on the trail can be either English or Western, but some age limits apply: The rider must be at

least 10 years old and the horse must be at least 5. The trails wind through natural woods, meaning no special surface has been applied that would change the footing.



The North American Trail Ride Conference is at the Camp McClellan Horse Trails for the weekend. Shown is just one section of the camping area of McClellan's new equestrian land.

Bill Wilson / The Anniston Star

Minutes from March 4th 2022

Of the Board of directors Region Five Trailriders Association, Inc

The scheduled meeting of the Region Five Trailriders Association, Inc .Board of Directors was called to order by Sherry Garnes , President. Meeting was held in Tryon , NC International Equestrian Center.

Attendees : Sherry Garnes - President , Marsha Howard - Vice President ,
Patty Lucas - Secretary , Kris Gray - National Representative , Sallie Kudra - National Alternate , Linda Clayton, Cindy Keen , Victoria Whitehead , Bill Moore , Paula Riley ,
Sara Baldwin , Patricia Petelle , Kathryn Barclay - visitor . Sandy Pegram (absent) , Esther Diagula (absent) .

Secretary report :

Marsha Howard recognized for secretary report for board meeting minutes held on November 14 , 2021 and distributed via email and reviewed . Bill Moore moved for approval of the minutes ,Kris Gray seconded , which was carried by voice count .

Financial report:

Linda Clayton

Pinnies auction for region less than last year. Raffle for Mini convention will end at the Benefit ride at Mingo trails.

Jr Riders : Four participated (\$750.00) Jr riders program to be continued this year.

Ride Management fees Email request has been sent to ride managers that have not paid the rider fee for 2021 . Have not used any monies yet from our Ride Management Fund.

Marsha to send out email to ride managers explaining the fund available to if they have incurred a loss and to contact the board of directors . \$3 ride fee per rider collected from rides build this fund.

Discussion about Fan membership vs riders . Does any of this fan or support member go to the region . Kris to explore with National data base.

Reports sent via email for balance and income statement from Linda .

Total cash balance \$37,366.61. CD has matured and closed.

Discussion of bumping up of Ride fees . Ride managers continue to lose money . Gas prices rising . Other regions seem to be bumping up their fees as well.

Monthly National meetings by Zoom more economical and more frequent keeping more up to date but time consuming.

News letter deadline will be sent out . It should be in July 2022. Region calendar and schedule for R5 was made with Tommy and riders for 2021. Paula can make more copies if needed with her pdf program.

Membership: Sallie

Doing better 151 members than last year 128 members . More membership with new riders from top trail . Membership is updated .Nine new members , 7 renewals . Region administration (Linda) updates the membership . Victoria has the rider forward their email from National to Linda so she can know if riders are members more quickly . This helps in the delay from National to R5 and the riders don't have to pay the non member fee .

National Board report : Kris Gray

Everyone was emailed Esther's report . Rule proposals need feedback will vote in July . April meeting National will discuss feedback they have gotten so far and may adjust wording . Very important to get this feedback , so if you haven't gotten yours in please do . It will help National know which direction to go .

National board : John Zeliff President , Bill Wingle Vice President , and Kris Gray Treasurer.

Time spent on rule proposal wording.

Jamie Dieterich stepping down from Hoofprints this year . The board is looking for a replacement. Volunteer position. This position gathers the information and articles from Riders and volunteers.

Financial report last year . Hard year with ride canceling and pandemic over the last two years we have broken even. Led rides are helping. Good changes being made .

Fundraising : Cindy Keen

Benefit Ride March 26 -27 . 2 new miles of trail. Theme Olympics.

No catered dinner this year . Bridge out .

R5 store : Patty Lucas has not sold much at the rides but there if needed .

Fans are given to the new LeD riders .

Sherry is making up ride information sheets using a new program she has .She is sending a picture from the ride in the information out in emails to the riders from the ride managers to help personalize . . Kris and Sherry will get together and coordinate FB with ride information sheets . Send picture to Sherry for your rides .

Have LeD riders moved up to regular rides after trying leisure division? Kris to look up data and see how many riders have done this.

Catherine Barclay spoke from LeD perspective with regard to her students . Considers it a good way to start without so much pressure.

Rule proposals regarding 8 yr old vs 10 year olds.

Raffle : Marsha

Will be using the raffle items from the mini convention for the fundraiser . Tickets to be sold up to the Benefit Ride and drawing on Saturday .

There are approximately 12 -15 prizes.

Tanya : Awards

Linda Clayton gave an up to date report for Tanya . Total spent this year a little more \$1800 up to \$2200.

Everything has gone up including US rider . May need to reconsider US rider. We had said to use same budget as last year with discretion as needed. She is well within her limits. Some errors on awards but minor and will get corrected . Keepsake of horse for each rider in R5 that rode at least 3 rides . Might want to look at duplicate items and eliminate one to save costs .

Ride Schedule : Paula Riley

New ride schedules passed out to board.

Several LeD rides added.

Ride Secretary clinic July 29,30,31 2022 at the Garnes farm presented by Linda Clayton and Paula Riley.

This clinic will be hands on with break out sessions .

National Convention in 2024 Chair Needed .

Marsha discussed Southern Expo that runs around the time of year we need to have convention and we can use their educational opportunities that would be of interest to our riders. More cost effective by coordinating the two events .

Bill Moore made a motion for Marsha Howard to be Chair for the R5 National Convention . Paula seconded . Motion carried by unanimous show of hands .

Mini Convention schedule of events Sherry Garnes . Handout given out in advance .

Time and Place of next meetings.

July 17th 2022 2pm Eastern time Zoom meeting

November 19th In person meeting !

9am Eastern time Norcross Georgia

Hampton Inn 440 Technology Parkway, Norcross , Ga 30092

885-797-6733

Meeting adjourned by Sherry Garnes

NORTH AMERICAN TRAIL RIDE CONFERENCE

www.natrc.org, natrc@natrc.org, 402-806-8708



QUICK TIPS FOR NATRC™ RIDES

In-Hand Presentation – Grooming

No parasites (bot eggs, ticks)
Clean nostrils
No residual sweat marks
Clean hooves

In-Hand Presentation – Hands On

Avoid holding on to halter or snap
Don't loop lead around hand
Fold excess lead, keep off ground
Stand to side of horse
Stand on same side as vet
Keep two hands on lead
Maintain attention & control of horse

In Hand Presentation – Trot Out

Run beside horse
Look forward, not back at horse
Hold lead 12"-18" from horse
Keep two hands on lead
Turn horse away from you
Make large circles
Maintain consistent gait

Tack & Equipment

Whip – OK to use at check-in and/or check-out
Proper saddle fit
Proper bit fit
Proper curb chain fit
Proper halter/bridle fit
Halter buckle end fastened through keeper
Cinch clean; not too tight or too loose
Snug rear cinch + connector strap
Saddle pad clean, in position
Space between pad & withers
Breast collar not too tight or too loose

Stabling

Blanket straps snug
Quick release knot; locked
Stallions double-tied
Rider # visible on trailer, halter, bridle
Ground free of hazards
Hay net not too low when empty
Buckets secured
Evidence of food

Stabling – cont'd

Access to water
Rope snap adjusted so horse's nose reaches ground
Two horses tied not too close together
Equipment out of horse's reach
Sharp corners of latches covered/protected

Trail Equitation

Light in saddle
Soft rein contact
Ankles relaxed; heels slightly down
Balanced side to side
Post, soft sitting or 3-point trot
Light/ quiet/ low hands
Subtle leg cues

Mount

Don't lead with reins around neck
Settle horse
Adjust tack before approach to mount
Use rein contact/ control
Square up horse
Use terrain/ natural mounting block
Try to not pull horse off balance
Don't dwell in stirrup
Don't drag leg over rump
Settle lightly in saddle
Settle before cueing horse to walk off

Uphill

Bring torso forward by folding at hip joint
Light in saddle, not out of saddle
Transfer some weight through thighs to stirrups; don't stand up
Maintain soft rein contact
Allow horse to use head for balance
Hang onto mane above rein hand (if necessary)

Downhill

Relax; don't lean back;
Carry weight on thighs, not on seat bones
Avoid swaying side-to-side
Maintain soft rein contact

Obstacles

Think stop, settle, slow
Look ahead, not down

Backup

Settle horse
Think stop, settle, slow
Check behind
Use soft, subtle hands
Give and take with reins
Use leg aids for direction control

P&R Check

Line up parallel to next horse
Maintain contact/ control of horse
Remain quiet with low energy
Encourage horse to relax
Sponge/ fan/ cool horse as needed
Loosen cinch slightly
Keep near side stirrup out of way
Lead away with permission of next rider
Follow directions to proceed

Trail Safety & Courtesy

Keep rider # visible
Keep at least one horse length between horses (don't crowd)
Approach other riders from behind slowly
Pass with permission, at a walk
After passing, move on to create a quiet pocket
Wait for next horse at obstacle/ gate/ etc.
Be careful not to spook others with your actions



