



Hoofprints of the

Region Five Trail Riders Association, Inc.

Association, Inc.

**Region 3 to host
2013 National
Convention**
See page 3 for
information on
R5 Mini-Convention

NATRC 2013 NATIONAL CONVENTION
February 21-23, 2013
Denver, Colorado
"THE BIG PICTURE"

NORTH AMERICAN TRAIL RIDE CONFERENCE

"Choice of Three" 2013 NATRC Raffle

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Region Five is one of six regions
comprising the **North American
Trail Ride Conference**

Drawing
Saturday,
February 23,
2013

NATRC National
Convention,
Denver, Colorado

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**1 Original Eli Miller
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For information, please contact NATRC at natrc@natrc.org or 303-688-1677.

Proceeds benefit NATRC educational activities.



President's Message

from Gary Clayton

Much was covered at the July 28th Board of Directors meeting. The time and place for Region Five's Mini-Convention has been set. This year the convention will be on March 2nd at Auburn University in Auburn, Alabama. This site was chosen because of the outstanding equine section of their Vet School. The date of our convention was scheduled to follow the February 21-23 National Convention so that the region could recognize and honor those riders who receive national awards. Paula Riley has agreed to be in charge of the convention this year and is working very hard to put together a program that will have something of interest for everyone. She may be calling on many of you for assistance in making this an outstanding event.

The board has also approved the establishment of traveling trophies for the various high point awards. The purpose is to have a nice trophy for the recipient to take home and display for a year. That rider, horse, or both (depending on the award) will have their names and year won engraved on the trophy. Those who would like to be a sponsor will pay for the trophies. If you are interested in sponsoring or contributing money for one of these trophies, contact Paula Riley (parrides@aol.com). Many of the awards already have sponsors, but several are still open.

By the time you receive this newsletter, there will have been two or three rides completed since resumption of the second half of our ride season. We started with the "Ride the Edge" ride at the East Fork Stables in Tennessee. For those unable to make the ride, you missed some great trails and sights from the ride's many beautiful overlooks. If you have an opportunity, please support the remaining rides, either as a rider or volunteer. There is a place and activity for anyone who wants to come out and be part of the competitive trail ride experience.

Happy trails,

Gary



Region Five Board Members

<p>PRESIDENT Gary Clayton 12/14 6774 W Old Hayneville Rd Hope Hull, AL 36043 334-281-5509 gclay24251@charter.net</p>	<p>VICE PRESIDENT Paula Riley 12/13 1915 Tower Trail Waleska, GA 30183 903-926-3950 cell parrides@aol.com</p>
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Next RFTRA Board Meeting: Nov. 17, 2012
Contact Gary Clayton for details

Editor's Letter

from Kathy Nicholl

It's been a hot, dry summer (until Isaac came along), and it is nice to have CTR's starting back up again. It only takes three rides to qualify for end-of-year awards, so if you haven't reached that magic number yet, please plan to attend the remaining Region 5 CTR's. They are some of the best rides we have!



Things seem to be looking up for NATRC according to the information coming from National. I've been looking at the number of competing riders, and ride numbers are finally getting into the thirties and forties. Of course, I can remember not that many years ago when the ride limit of 60 was often reached early. If you didn't pre-register a month ahead of time, you possibly would not get to ride. I hope we get back to that kind of participation.

Despite the current political arguments about how fast the nation should go from boom to bust to boom again, it really does seem like progress is being made. Within NATRC, it appears to be progress born of determination by members to keep this wonderful sport going. I hope you'll all get going and fill up the remainder of the year's rides. Let's see if we can once again fill a ride up to its limit! 60 OR BUST!

And remember, only three rides to be eligible for end-of-year awards. Our mini-convention and awards banquet is a wonderful time to meet, greet, and *not* compete! We all clean up good (so much so that we hardly recognize our friends without their riding gear—or horses!), and we enjoy a festive party to honor end-of-year award winners. Be an end-of-year award winner yourself and come enjoy your party. Or just come and enjoy the party!

Region Five Trail Riders Association, Inc. Newsletter — Published Quarterly	
Publication Deadline	For Issue
Dec 15	Jan/Feb/Mar (Winter)
Mar 15	Apr/May/June (Spring)
June 15	July/Aug/Sept (Summer)
Sept 15	Oct/Nov/Dec (Fall)

Please send pictures and stories to:

Kathy Nicholl, Newsletter Editor
 3454 Cullowhee Mtn Rd
 Cullowhee, NC 28723
 (828) 293-5835
k.nicholl@frontier.com

Remember, if you'd like to see the digital edition (with color) of this newsletter, go to:
www.natrc5.org/Newsletters/R5_Fall12.pdf

The Region 5 Board of Directors has planned our Mini-Convention for March 1-2, 2013 (Friday and Saturday) at the Hotel at Auburn University in Auburn, Alabama.

The R5 BOD meeting will be Friday night March 1 and Saturday morning March 2.

The Saturday afternoon program will include talks by Auburn Veterinary school professors and a tour of their large animal facilities. In addition, there will be speakers and vendors at the hotel, along with a traditional hospitality suite.

The End-of-Year Awards banquet will be Saturday evening, March 2.

More information will follow later, but for suggestions or questions, contact Paula Riley, Chair at parrides@aol.com or phone (903) 926-3950 (GA)

******* Important Membership Note *******

Please let R5's Membership Chair know when your address, phone, or email address changes. Contact Sallie Kudra in any of the following ways:

E-mail: kudra@clermson.edu
 Phone: 864-972-9125
 Home: Sallie Kudra
 220 Byrlie Way
 Seneca, SC 29678-5005



Summary of RFTRA BOD Meeting Minutes

Submitted by Regina Broughton

The meeting of the RFTRA Board of Directors was called to order at 9:00 a.m. on July 28, 2012, at the Hampton Inn in Norcross, GA by President Gary Clayton. Present were Board Members: Connie Driskell, Linda Clayton, Gary Clayton, Cathe McKinnon, Kim Cowart, Regina Broughton, Paula Riley, Lori Rand, and Courtney Keen Woodall, alternate for Cindy Keen. There was no alternate present for absent Tanya Kingsley.

Secretary's Report: Regina Broughton reported that the Region Five Board Election ballots have been printed in the Newsletter and voting will be continuing until October 1. Ballots may be mailed, e-mailed to broughton57@hotmail.com, or handed to Regina at any fall ride.

Treasurer's Report: Connie Driskell presented the financial report.

Courtney Woodall then **MOVED** that we scrap the Vanguard investment strategy and keep the money in the best available rate CD. All members voted in favor of scrapping the Vanguard Investment option and the motion **CARRIED** unanimously.

RFTRA General Account: \$14,709.31 currently in Wells Fargo checking and \$9,286.88 in a CD at Capital Bank. The Ride Management Support account has \$1,730.60 in checking and \$6,158.76 in a CD at BB&T.

Regina Broughton **MOVED** that the Region 5 Board members would no longer be required to give actual receipts for fuel reimbursement. Estimated fuel cost will be accepted on the sign in sheet. This motion was seconded by Kim Cowart and in the vote all were in favor except Paula Riley, who was opposed. The motion **PASSED**.

Ride Equipment Report: Paula Riley reported that she has replaced the equipment boxes and re-packed them for the Safety Equipment and First Aid Kits (2 separate boxes) now.

President's Report: Gary Clayton talked about the National Board Meeting. National is currently in good financial shape thanks to a lot of hard work. The biggest savings has occurred through electronic newsletter.

Awards Report: Lori Rand reported for absent board member Tanya Kingsley and passed out an awards report.



Kim Cowart talked about awards and how important they are. Connie Driskell **MOVED** that the annual year-end awards budget, including the Shannon Memorial Award be \$1500. Kim Cowart seconded.

Connie Driskell then **AMENDED** the motion to increase the awards budget to \$1700 (twice the current budget). Linda Clayton seconded. All were in favor of the motion to increase the awards budget and the motion **PASSED** unanimously.

DISCUSSION about travelling trophies: Paula Riley **MOVED** that the Region solicit travelling trophies for the existing regional awards listed in the By-Laws. Courtney Woodall seconded the motion. Paula Riley agreed to be the Travelling Trophy Coordinator. Trophies or cash toward one will be accepted. Paula reiterated that under this program, the trophies will be donated only—Region Five will not purchase these travelling trophies. As head of the Travelling Trophy Committee, Paula Riley will insure Quality trophies. So, if someone wants to donate a trophy, it has to be approved. History of awards/travelling trophies will be documented and published. All were in favor of the motion and it **PASSED** unanimously.

Ride Management Support: Linda Clayton reported that the ride year is half finished. We have had some very poorly attended rides.

Membership: The Board discussed Sallie Kudra's membership report. Region 5 has a total of 161 members plus 41 lifetime memberships.

Fundraising Report: Courtney Woodall reported for absent Cindy Keen.

Benefit Ride: total profit \$3,966.73. Region 5 store sales total profit of \$1,179.79. Courtney reminded the board about the upcoming Silent Auction at the Heart of Dixie ride on September 22. She asked for donated door prizes and silent auction items.

Ride Schedule: Kim Cowart reported that the 2013 ride schedule is set. Cathe McKinnon said that an October 19-20 ride at Talledega is a possibility.

Trail Development: Cathe McKinnon reported on her attendance at SETC in July in Lexington, KY. We had a very attractive booth there and contacts were made with many horse council representatives and other organizations.

National Board Report: Kim Cowart submitted a report on the highlights of the July 12 NATRC NBOD meeting in Denver, Colorado. Highlights included:

- Financially NATRC is sound right now. Issues with stagnation in membership. Membership is down. The NBOD approved increasing rider fees by \$5.00. Managers are encouraged to pass this fee onto the riders...increase rider fees by \$5 per rider.

- Elaine Swiss could use help with recruiting national sponsors. If you have ideas for possible national sponsors, please contact Elaine Swiss.
- Peter Yovich is working with Janis Baldwin on our RMS.

More details on the meeting are available in Kim's Report (*see page 6*).

DISCUSSION about NBOD rule changes (outlined in the current *Hoofprint*). An extended discussion took place regarding the proposal to allow portable pens as long as they're not constructed of electric fencing. Board members questioned the allowable size of portable corrals. Kim Cowart stated that Ride Managers would have the ability to allow/disallow portable pens and to limit their size. Kim Cowart wants the policy to specify, i.e. maximum of 12x12. General consensus was that there is not an advantage to offering portable corrals vs. tying the horse, etc. Kim Cowart stated that his test of the strength of a new proposal is, "Will it fundamentally change the sport or our mission? Could it possibly help or encourage our sport?"

Electronic Newsletter: Members are choosing overwhelmingly to go to the electronic newsletter. Gary Clayton said that whether we like it or not, soon Region 5 will go to an electronic newsletter.

Mini-Convention: Gary Clayton has asked Paula Riley to be responsible for the 2013 Mini-Convention. The date for the National Convention is Feb 21-23 in Denver. Courtney Woodall **MOVED** that we have the mini-convention on March 1-2, 2013. Linda Clayton seconded. The motion **PASSED**.

DISCUSSION on Mini-Convention:

- Paula Riley said Region 4 never has their Mini Convention in the same place. One of the most interesting places has been a vet-school. Would we like to have the mini-convention in a different place?
- She is going to look into having the Mini-Convention at a Vet School.
- Deadline for newsletter is September 15—we need to have a location set.
- Hotel: target under \$100 per night.
- Linda Clayton will handle the Penny Auction at the Mini-Convention.
- Kick off the National Raffle at this time, too. Tickets will be available at Mini-Convention.
- Registration: Linda Clayton and Gail Milner
- Packets for attendees: No packets—
- Schedule of activities: Regina Broughton will prepare programs for the Mini-Convention
- Cindy Keen will do the table decorations.

Apprentice Vet Judges—expenses: Kim Cowart **MOVED** that Region 5 reimburse apprentice vet judges up to \$500 for their apprenticeship expenses in getting to rides. Connie Driskell seconded. Kim Cowart amended the motion to say: "Region 5 will reimburse vet apprentices up to \$500 travel related expenses per ride for the first two apprenticeships—effective immediately. Connie Driskell seconded the amendment. The motion **PASSED** unanimously.

Appreciation Awards: Connie Driskell nominated Shirley Sobol for the Jim Menafee Award. Kim Cowart **MOVED** that we nominate Shirley Sobol for the Jim Menafee award. Linda Clayton seconded the motion. All in favor and the motion unanimously **PASSED**.

Nominations were also submitted for Regional Appreciation and National Appreciation Awards.

Region Five Investments: Courtney Woodall **MOVED** and Kim Cowart seconded that the \$4000 that we were going to invest in Vanguard be moved into the Capital Bank CD. The motion **PASSED** unanimously.

Kim Cowart **MOVED** that the meeting adjourn and Connie Driskell seconded. The motion **PASSED**. The meeting adjourned at 4:00 p.m.

The next meeting will be November 17 at the Hampton Inn in Norcross, GA, at 9:00 a.m.

To obtain a copy of the complete minutes of this meeting, contact Regina Broughton at broughton57@hotmail.com.

NATRC Presentation Available

Paula Riley has an "Introduction to NATRC" PowerPoint presentation that could be used at clinics, club meetings, or other events to spread the word about NATRC.

If anyone is interested in having and using a copy of this presentation, Paula asks that her name remain on it as author.

If you would like to use this presentation, contact Paula at parrides@aol.com or phone (903) 926-3950



National Director's Report

from Kim Cowart

The National Board of Directors met July 12, 2012 in Denver, Colorado. Here are some of the highlights of that meeting:

Financial:

NATRC is financially sound (as of right now). There was much discussion about the viability of our sport to continue into the future. Although we are financially sound now, we MUST increase membership and rider numbers to keep our sport moving forward. Most regions are suffering somewhat from decreased memberships and ride entries. Elaine Swiss, our Treasurer, relayed a shocking fact to us: almost half of our "membership" is comprised of Lifetime members from whom we receive no yearly dues (with the exception of a few who continue to pay out of devotion to the sport). Membership is in fact down by 127 memberships from July of 2011, to 1063 memberships.

On the bright side, NATRC has nearly \$290,000.00 in liquid assets---\$75,000.00 in the Foundation; \$88,000.00 in the student accounts; and \$127,000.00 for operations. Revenue is up \$10,700.00 from this time last year, much of this from the Peru trip raffle that netted \$4,000.00. Expenses are down, and the biggest savings here came from *Hoofprint*, where we are down \$3,900.00 in expense year to date over last year. This savings, of course, comes from going to the electronic version of the magazine for most of our members.

Region 2 presented a check in the amount of \$3,882.75 for National's share of the National Convention 2012 in Reno.

The NBOD approved increasing member rider fees by \$5.00, and suggest the fee be passed on by ride management. The majority of the BOD felt that \$5.00 more is not what will make or break a person's decision to attend a ride. A person going to 10 rides a year would only spend \$50.00/year more than previous. But, to show the value to our bottom line, consider that it was estimated (based on actual rider numbers) that this rider fee would have netted NATRC \$3,500.00 through May of this year had it already been implemented. Carry that through the "second half" of the ride year and you see an approximate revenue increase of \$7,000.00. Over 10 years that would mean another \$70,000.00 for NATRC!

Elaine Swiss will become involved in the estate planning aspect of the planned giving program Wayne Tolbert and I are trying to outline.

Elaine could really use help with national sponsor accounts. This has been providing a good financial boost to NATRC and we want to continue in that vein. To date in 2012, 13 of 18 sponsors



have renewed their contracts for 2013.

Marketing, etc.:

We are underutilizing the E-news for promoting rides and the sport.

All the regions should make sure to promote our National sponsors in their respective newsletters and websites.

There was a general consensus that local marketing of rides is imperative. Those rides that seem the most successful and have good attendance are also the ones who work extra hard to develop some local participation and support. There will always be some sort of "core" in most regions, but that core fluctuates and has dwindled (especially here in Region 5) and so recruitment of new riders and local riders will loom larger in the future.

The new revised Judges Manual is now available.

Nominations for National/Regional Appreciation awards are due by Oct. 15.

Peter Yovich (Region 4) is working with Janis Baldwin on the take-over of our RMS.

Trail Advocacy/SETC---Cathe McKinnon will report on this. She, her husband Tom, and Erin Glassman were in attendance representing NATRC.

There was discussion of financial support of new apprentice Vet Judges. It was suggested they get support from their respective Regional level. (I suggest a minimum \$200.00 stipend for the first two apprentice rides. After that they can judge as provisional and will be paid for their judging).

Much discussion about what constitutes a "rule," and inclusion in the rulebook, vs. a "policy" or "procedure" that is meant as a guideline.

We want to change the wording for the Jim Menefee Honorary Lifetime Membership Award to Jim Menefee Honorary Lifetime *Achievement* Award. This reflects our move away from lifetime memberships, while still honoring the intent of the award.

Important Information About Year-End Awards

The ride year ends November 11, 2012.

For eligibility for year-end awards, it is the **Rider's Responsibility** to have the following requirements completed by November 11, 2012:

1. NATRC Membership dues must be received, and
2. Horse's accurate breed information must be **on file with the NATRC Office**
3. In addition, national breed associations sponsoring year-end awards require that all the equines must be registered with the "association" and "participant(s)" must maintain their "association" membership.

2012 BALLOT FOR N.A.T.R.C. BOARD OF DIRECTORS

For Alternate Director for term: Jan. 2013 — Dec. 2015

Please **vote for 1 candidate**. If you have a family membership, please vote twice (use the spaces after the candidates' names for the second set of votes). You may write in a nominee of your choice provided they have been an NATRC member for at least two fiscal years prior to 2011 and are active as a competitor, judge, ride manager, or in NATRC management. Give full address of your write-in nominee. If possible, fill in phone number and email address as well.

____ Sallie Kudra (____)

Write-in Nominee:

____ Name: _____ (____)

Address: _____

Phone: _____ Email: _____

Signature required for ballot to be valid:

NAME: _____ MEMB. TYPE?: _____

E-Mail your ballot to broughton57@hotmail.com —OR— Mail your ballot to:

Regina Broughton
201 Sleepy Hollow Road
Bristol, TN 37620

If you have any questions, contact Kim Cowart (National Director) at kcneverrestranch@gmail.com

DEADLINE: Nov. 1, 2012


Bio sketch (below) is provided for your information.



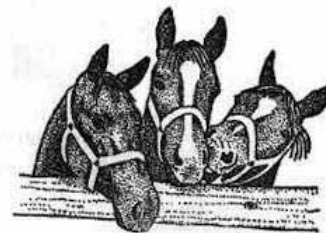
Sallie Kudra - I have been involved with NATRC since the early 1990's and a member since 1992. I began my association with NATRC as a volunteer riding safety at the Ted Buff Memorial CTR in South Carolina. I continued to volunteer before my first competition at the Deliverance CTR in Georgia in July of 1992. I've worked as a judge's secretary - horsemanship and vet, P&R worker and coordinator, driver, rules interpreter, and point and drag rider for nearly all Region 5 rides over the past 20 years. I was the ride secretary for the 1997 Fant's Grove CTR in Clemson, South Carolina. In 1998 I was the co-chair for Fant's Grove only to have to cancel the ride due to torrential rains. I served a 2 year term on the Board of Directors for the Region Five Trail Riders Association, Inc. followed immediately by a 2 year term as President from 2000 to 2003. In February of 2009, I assumed the Membership Chair position for the region. In 2002, I was the co-chair for the Region 5 Benefit ride. In 2005,

I was the Hospitality Suite Chairperson for the National Convention held in Asheville, NC and again for the 50th Anniversary celebration in Nashville. I have also been a member of the Judges Committee since 2007. I am an active competitor, having ridden in all divisions, achieving 3 National Championships with my Morgan mare partner, Marnos Terra Cotta, participating in 2006 & 2008 Championship Challenges, and accumulating over 4000 miles of rider mileage. Terra has been retired and I have begun the adventure of starting her daughter, Terradocs Ocone Belle - 'Oco', for the 2012 ride season, though it has been fraught with problems both physical for Oco and mechanical for my truck. I have loved this organization from my very first exposure and would be honored to continue to represent Region 5 and its members at the National level as the National Board Alternate for Region 5.

FACEBOOK



Courtney Woodall (courtneyck@yahoo.com) invites you to join the NATRC Region 5 group on Facebook



NATRC & Region 5 Welcome New & Rejoining Members in 2012
(June 2012—August 2012)

New Members:

- Jan Gellis, Blacksburg, VA
- Donna Kronenberger, Arcanum, OH
- Gordon Morrow, Leeds, AL

Rejoining Members:

- Elaine Miller, Ashville, AL
- Cynthia Rogers, Oakdale, TN

NATRC REGION 5 BENEFIT EVENTS

NATRC Clinic

January 12-13, 2013

Mingo Trails Saddle Club—Toomsboro, GA

102 campsites available with Power/Water.

Saturday - Morning Clinic

Afternoon "mock" Competitive Trail Ride

Sunday - Trail Obstacle Challenge

Info at www.natrc5.org

NATRC Benefit Ride and Dinner

April 5-7, 2013

Mingo Trails Saddle Club—Toomsboro, GA

102 campsites available with Power/Water.

Covered Pavilion and Bathhouses

Saturday Night catered Benefit Dinner

Info at www.natrc5.org

For more information
Cindy Keen (478) 290-3868
cindytk@hotmail.com

Alabama Horse Fair & Trail Horse Competition

January 19-20, 2013

Garrett Coliseum, Montgomery, Alabama

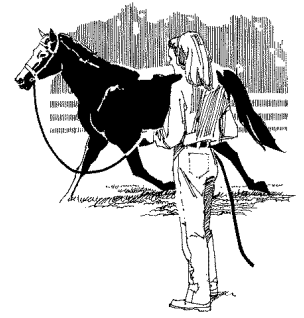
On Saturday, January 19, there will be a parade of breeds, entertainment, and educational presentations. On Sunday, January 20, the Alabama Horse Council is bringing back the Trail Horse Competition, with a \$2,500 purse for the top 5 winners. Belt buckles will also be awarded to the top Alabama Adult and top Alabama Youth.



Information will soon be available on www.alabamahorsecouncil.org or contact Sandy Pegram (Alabama Horse Council Board Member) Swpjp@aol.com

JUNIOR RIDERS

Don't forget the
2012 Junior Rider
Assistance Program



Every Junior Rider who is or becomes a member of Region Five NATRC (by October 1, 2012) may be reimbursed up to \$50 for every ride started in any Class (other than Distance Only) in any Division in Region Five in 2012. You must apply for reimbursement no later than December 15, 2012.

Full details are in the Spring (April/May/June 2012) newsletter which may be viewed online at:

www.natrc5.org

or contact:

Connie Driskell at 828-684-5650

csdintrig@charter.net

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Ride Results

Springtime at Biltmore A

4/21-22/2012 Region Five-NC

A-O Total Riders: 7

Chair: Morgan Ortiz

Judges: Mike Bridges DVM, Bill Sherfesee

Open Sweepstakes: Prime Sensation WH/Findley, Martha-99

Open Heavyweight

1/2 Prime Sensation WH/Findley, Martha

2/1 Susie's Stardust/Lineback, Tammy

P Pistol Pete/Graves, Pam

Open Lightweight

1/1 Tommys Impressev Ace/Broughton, Regina

2/3 BF Matisse/Hill, Sherri

3/2 Swiss Mocha/Riley, Paula

Open Junior

1/1 Calamity Jane's 44 Magnum/Lineback, Marcy

Springtime at Biltmore B

4/21/2012 Region Five-NC

B-N/CP Total Riders: 18

Chair: Morgan Ortiz

Judges: Mike Bridges DVM, Bill Sherfesee

Novice Sweepstakes: Smart Little Tiger/Bates, Melissa-98

Novice Heavyweight

1/5 Scarlet/Wertz, Jennifer

2/ Paint's All Colors/Davis, Sharon

3/3 Maarsadda/Wood, Laurie

4/4 Dements Allens Ace/Cozzolino, Susan

5/1 Braska/Belew, Amy

6/6 Mary Jane/Ault, Carol

/2 Stormy's Keepsake/Casteel, Robbie
/DO/CO Terradocs Oconee Belle/Kudra, Sallie

Novice Lightweight

1/1 Smart Little Tiger/Bates, Melissa

2/4 Beau/Garnes, Sherry

3/DO Nancy's Summer Dance/Sluys, Nancy

4/3 Love's Kaleidoscope/Young, Madeline

5/5 Alena Rae/Rogers, Andrea

6/2 El Dorado Lagniappe/Heinrich, Judy

Competitive Pleasure

1/4 Eb's Done Deal/Curtis, Karen

2/3 CMF Hallel/Hartness, Marilyn

3/1 DIA Icon/Mount, Janell

4/2 Oak Knoll Holly/Nathan, Julie



Virginia Highlands A

5/19-20/2012 Region Five-VA

A-O/N/CP Total Riders: 11

Chair: Judith Shrum

Judges: Mike Bridges DVM, Kim Cowart

Novice Sweepstakes: Little JJ Mack/Smith, Susan-99

Open Sweepstakes: Tommys Impressev Ace/Broughton, Regina-94

Open Lightweight

1/2 Tommys Impressev Ace/Broughton, Regina

2/1 Swiss Mocha/Riley, Paula

Open Junior

1/1 Flash of Lightning/Moulis, Jameson

Novice Heavyweight

1/1 SCF Cindy Lou Who/Riddick, Keri

P Crazy Alice/Talbert, Ben

P Unexpected Gift Chief/Moye, Lisa

Novice Lightweight

1/1 Little JJ Mack/Smith, Susan

2/2 Alena Rae/Rogers, Andrea

Novice Junior

1/2 Justa Wheeling Tiyata/Amtower, Heather

2/1 Infamous to the Day/O'Brien, Morgan

Competitive Pleasure

1/1 Spirit of Spotted Alan/Woodall, Courtney

Virginia Highlands B

5/19/2012 Region Five-VA

B-N Total Riders: 2

Chair: Judith Shrum

Judges: Mike Bridges DVM, Kim Cowart

Novice Sweepstakes: Amanda/Gellis, Janice-98

Novice Lightweight

1/1 Amanda/Gellis, Janice

2/2 Ivan Intrepid/Coleman, Diane



Faye Whittemore A

6/9-10/2012 Region Five-AL

A-O/N/CP Total Riders: 20

Chair: Michelle Cook-Goza

Judges: Tamara Gull DVM, Shirley Parker

Novice Sweepstakes: Goodnight's

Masterpiece/Clayton, Gary-83

Open Sweepstakes: Swiss Mocha/Riley, Paula-86.5

Open Heavyweight

1/1 Prime Sensation WH/Findley, Martha

2/2 Victory CH/Moore, William

Open Lightweight

1/2 Swiss Mocha/Riley, Paula

2/1 Tommys Impressev Ace/Broughton, Regina

3/3 Preacher/Baldwin, Sara

Open Junior

1/1 Flash of Lightning/Moulis, Jameson

Novice Heavyweight

1/DO Goodnight's Masterpiece/Clayton, Gary

2/1 Braska/Belew, Amy

3/5 Ledo Bright Prince/Atkins, Lucy

4/4 Angel in Flight/Griffith, Rod

5/3 Living Proof CH/Moore, Vickie

6/2 TA Eternal Flame/Griffith, Mimi

Novice Lightweight

1/1 Texas/Murray, Alyssa

Novice Junior

1/1 Hes Dynamic In Black/Carlberg, Brittany

2/3 Ibn Ionah/Templin, Lindsey

3/2 Ledo Valentine/Dunaway, Samantha

Competitive Pleasure

1/3 Spirit of Spotted Alan/Keen, Cindy

2/2 TN Valley Hotrod/Murray, Andrew

3/4 Royal Serendipity/Silver, Terry

4/1 Mandella Bey/Chapman, Carolyn

Faye Whittemore B

6/9/2012 Region Five-AL

B-N/CP Total Riders: 4

Chair: Michelle Cook-Goza

Judges: Tamara Gull DVM, Shirley Parker

Novice Sweepstakes: Raisin the Roof/Daniels, Michelle-86

Novice Heavyweight

P Sam/Gosda, Renee

Novice Lightweight

1/2 Raisin the Roof/Daniels, Michelle

2/1 Sunny Georgia/Lucas, Patty

Competitive Pleasure

1/1 Sky/Fierman, Claire



Proof's Last Ride

by Bill Moore

Many of you may know Proof through seeing him at rides, so much of this story may not be news to you. Born Living Proof CH at Chase Harvill Arabians outside Houston in 1999, Proof spent his first three years with three stable hands tending to his every need and want. That was the formative beginning of his special personality.

At age four he went on his first serious training ride, resulting in Proof deciding that he needed to find a new home. So when Evan and Lisa Scott showed up to look at another horse that sounded “just perfect” for Evan to ride in NATRC competitions, Proof knew he had found his opportunity. When Lisa neared his stall to have a look, Proof pushed his head out and laid it on her chest. That was it—Proof went home with them!

Proof moved into what would be his home for life: Scott Farm on County Road 91 in Lillian, Alabama. Proof didn't need the big city lights of Houston or fancy arenas. He always knew he was special and it was simply the responsibility of any humans around him to understand that.

Evan, however, was much more interested in marathon competitions than trail riding ones. His favorites are ultra marathons where he runs 50 or 100 miles. When Lisa went to the World Equestrian Event in Kentucky, Evan put his bicycle on the back of their car and went along to be “dropped off” in Tennessee so he could condition by riding his bicycle home. With Proof, Evan had found a great training partner. Evan would run and Proof would run along behind him. They created games on the trail and both found joy in each other's company. Evan would hold a treat in his hand behind his back and Proof would pluck it out. Evan would slow a bit and Proof would nip the back of his shirt with his lips (not his teeth, his lips).

Eventually Evan decided that he didn't want to do NATRC competitions, so Proof passed to Lisa. When Lisa was on Proof's back her smile was like a five-year-old at her birthday party when all the

presents, candles, and cake are just for her. Proof made his people feel that way.



Lisa Scott, Vickie (on Proof) & Bill Moore
(Photo by Becky Pearman)

Proof didn't much care for other horses; they were just a necessary part of his world. What Proof wanted was his people. Lisa and Proof were fierce Region 5 competitors. When Proof heard the words “You're out,” he knew it was show time and show he did. Eventually, after a training weekend of going up and down mountains, only to look back and find Evan holding on to Proof's tail so he could tell Lisa how she was supposed to be riding Proof, Lisa made a mistake she regretted (but never complained about). She offered to sell her Living Proof to my wife Vickie. Our only problem was that money was pretty tight for us just then.

But at the same time, a long time friend for whom I'd done some legal work twenty years ago and, because of his circumstances and need, had never charged, sent me a check with instructions to “do something fun.” The check was in the exact amount that Lisa asked for Proof! So he was transferred to Vickie with one catch—Proof could not leave Scott Farm! As for Proof, that was OK. Actually, that was wonderful. He still had Evan to buy watermelon for him and him alone—other horses never got any of *his* watermelon! He still had Lisa to feed him morning and evening, to make sure the hay served up to him was the finest available. And he now had Vickie to bring him cookies, carrots, and/or apples on every visit.

So Vickie and Proof set out on their own adventure. Growing up, Vickie had ridden a Thoroughbred and jumped. But, learning the personality of a smart, thinking Arabian was a new adventure for her. Proof could do any obstacle, but, like many gifted athletes, he didn't like to practice. At home if Vickie asked him to do an obstacle he'd grumble a bit, sometimes turn his head as if to say “Really, you want me to do that with no audience,” but then he'd do it and do it perfectly. But don't ask him to do it a second time, for then he'd give the “I already did that. I did it correctly. There is no point in you making me do it again.”

In their first foray into NATRC they promptly had winning form. Of course—it was Proof. Proof showed more personality on any given ride or visit than many



horses ever show over a lifetime. He was so sure, so faithful, and so mindful of taking care of his rider in a tight spot. He'd scamper up a rocky hill like a cat. He'd cross a creek, with or without a bridge, and he'd go down a slippery, steep, muddy trail with calm certainty.

Then came the last weekend in July 2012, when a group of NATRC riders and friends including Vickie and myself gathered for a weekend of riding near Clanton, Alabama. We rode up and down steep grades with loose rocks and slippery spots. We arrived at the top of a mountain (well for us coastal folks they certainly *seem* like mountains!) with an incredible view. As the horses caught their breath from the climb and the riders gasped at the grand view, a thunderstorm began to build. Time to get off the mountaintop. Could we get back to camp before the rain arrived?

Down the mountain we went, just one creek crossing and around a couple of ponds (ignore the Canadian geese) before we'd be safely back in camp. But the creek crossing was a mess—the trail on both sides had sharp grapefruit and volleyball-sized rocks with smaller ones scattered all around. Terry Silver and Debbie Jones crossed first. Terry had crossed there earlier in the day and didn't like the right-hand route, so they went left. Carolyn Chapman wanted to stay with what she knew, so she went on the right. Next up were Vickie and Proof. Terry and Debbie felt that a modified approach on the left was probably the best route. They suggested that Vickie swing wider upstream in the creek bed to avoid the small rocks they had found, and to get a better approach angle to climb up onto the trail out of the creek bottom.

Vickie and Proof were game, but the problem they found as they skirted the jutting rock piles was that the creek bottom got very, very soft. As Proof approached the far bank to turn right and climb out, he began to sink down with his hind legs. He tried to compensate by moving left toward the bank where he found firmer ground. The problem was he couldn't get *all* the way up on firm ground—his right legs were still in squishy soft mud that wouldn't support his weight, while his left legs were on firm ground holding his left side up. As his right legs mired down, he rolled onto his right side. Although Vickie had gotten her left leg out of the stirrup, Proof rolled on top of her right leg—and there was a big rock under it!

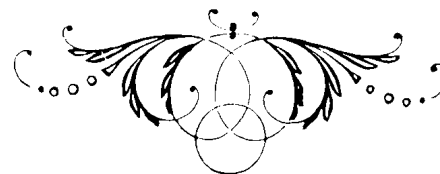
Though they were down, Proof just stopped. No panic. No jerking. No violent effort to extract himself from this

mess. He knew he had to wait to let the situation settle down so that Vickie didn't get hurt. Carolyn and Terry were off their horses in an instant and headed to help. Debbie grabbed their reins and managed the horses on that side of the creek. I got off my horse Victory's back and tried to get to Vickie. Thankfully David Chapman, hurt back, painful hip and all, got off his horse to take Victory's reins and let me go. Proof waited for instructions from the humans. When Carolyn and Terry got there and asked him to try to get out, he gently, methodically pulled himself out and up the bank—you could almost see him sorting out how to do that without hurting Vickie. We got Vickie up and she was fine. A bad bruise, but nothing broken, and her helmet had protected her head as it hit a rock. All seemed well.

Back in camp, it was ice for Vickie's leg and Bute for Proof, whose legs were a bit skinned up but nothing serious. Pot luck supper, recheck the horses on the tie line. Put a big pile of hay in front of Proof to get him through the night. (If you wanted Proof to stand in a small circle under a high line, then his requirement was that you must present a mountain of pre-approved hay for him to munch on through the night.) Plans were made for the next day. Because of the accident, Proof and Vickie would have a "spa day" at the trailer while the others ride.

It was not to be. When we arose the next morning Proof had suffered an aneurism in the night and died. Words now fail me to convey the horror and the pain and sorrow. We had to leave the magnificent Living Proof there. Our friends attended his final needs, with one sitting by him until "they" came for him.

It was a long and tearful ride home without Proof. Back in the pasture, Victory has remained standing at the gate looking out as if wondering when Proof will get back. The world has tilted off its axis and we can't get it back upright, but still and all, this we know—all who Proof let into his world were fortunate for the opportunity. He was magnificent. He was beautiful. He was Living Proof of the fullest extent of personality that a horse can have. We miss him now and we always will.



East Fork Revisited: September 2012

by Sandy West-Pegram

As I drove into East Fork Stables, my mind flashed back to my last visit: memories of paramedics cutting my pant leg (*HIGH up*) in front of my friends, my leg the size of a blown-up balloon, calling my husband from the ambulance on the way to the hospital, etc. (For those of you unfamiliar with my 2011 accident: I fell backwards out of the escape door of my horse trailer, caught my left leg on the frame, and shattered my left femur.) That was one year ago and I was thrilled to be back. Here I was, 3 surgeries later (two for the left femur—1st rod was too small—and one for the right knee (which I always thought caused the whole problem), followed by *LOTS* of therapy! “Ride the Edge” is one of my very favorite CTRs, and just being able to ride again was a real treat. I had gone to the Benefit Ride earlier in May (riding “DO”—Distance Only), but the terrain there was perfectly flat, and I had my last femur surgery *after* that ride.



Photo by Patty Lucas

Not being sure of my horse Skyy’s conditioning (I had been riding but not like I usually do) and not sure my legs could take the ups and downs at East Fork, I opted to ride DO again. My philosophy was that if he (or I) were not in shape after one day, I could withdraw and at least get my mileage. NATRC has taught me to be smart about my horse and my self; so that’s what I wanted to do. Thanks to my travelling buddy Patty Lucas, we were competing at East Fork again!

What a gorgeous weekend we enjoyed, and our hosts Ginny and Wayne Tolbert (and a TON of volunteers) made it so. Terrible storms were predicted for Saturday morning, so we all prepared properly the night before. However, we were very lucky: there was only some “regular” rain the last couple hours of that day’s ride. Although all our tack was soaked, Skyy and I made it fine. Other than some difficulty getting off after three hours in the saddle and being unable to walk for a few minutes, I did well. I still need to work on the mounting and dismounting, but we were good.



Such a gorgeous ride!

And then came Sunday—my favorite ride day. Our little group had church services/music on the trails; and oh, how blessed I felt. There was one spot where we were all gaiting through the woods, the morning sun glistening through the trees, the fog of the mountains covering the hills, and WOW, how could you ask for more? Riding DO gave me a chance to just enjoy the scenery, the company, and the fact that I *was* riding again.

Our Horsemanship Judge Cheri Jeffcoat did a great job of making 12-13 “learning opportunities” available, and our Vet Judge Ron Stuber made sure our horses were okay. Seeing both judges at the top of Deer Gap climb provided mixed feelings: we were being *judged*, but our judges were taking care of our horses! Skyy and I had made it up to the top of the hill fine, but boy, what a challenge for man (or woman) and beast! It’s a loooong pull on lots of rocks! And, I am sure Skyy thought, “Lose some weight, Mom!”

Final check-out went fine and confirmed neither Skyy nor I were as unprepared as I had feared. (Vet judge said that *I*—not Skyy—was Grade 2 lame, but okay!) Skyy did so well that I couldn’t have been more pleased with him. He’s been very patient with me over this recovery period and I was glad to be back competing with him.

Once a ride is over, I love the time to reflect and to savor the memories of the ride and the folks around me. I was so heartened to be a part of the ride and with the great folks of NATRC. So, as we left East Fork this year, I had much happier memories. This past year has been a real learning experience for me. Although I love competing; what I realized is that I REALLY LOVE riding my horse in great places and with great people. Sometimes it’s easy to get caught up in the actual competition and forget that just coming home safe, sound, and happy should always be my main goal.

I wish you and yours many safe and happy rides. I’ll be looking forward to seeing you all on the trail again, and often!



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Region Five 2012 Remaining Scheduled Rides

October 5-7	Autumn 90 @ Biltmore Shirley Sobol, Star Rt 2511 NC 9, Black Mountain, NC 28711 Connie Driskell, 524 Mills Gap Road, Arden, NC 28704 Shirley Email: Shirley@sobolhouse.com ; Connie Email: csdintrig@charter.net	Asheville, NC 828-691-1227 828-684-5650	AA-O;A-O,N,CP;B-N
October 20-21	Sweet Halloween Sara Baldwin, P O Box 414, Rockford, AL 35136 Email: forestowners@wildblue.net	Rockford, AL 256-377-2656	A-O; A&B-N,CP
November 3-4	Kings Mountain Sarah Bridges, P.O. Box 870, Grover, NC 28073 Email: mwbdvm@earthlink.net	Blacksburg, SC 864-490-6983	A-O,N,CP

AA=3 DAY RIDE A=2 DAY RIDE B=1 DAY RIDE O=OPEN CP=COMPETITIVE PLEASURE N=NOVICE

Ride schedule is subject to change, so be sure to contact the Ride Manager for specific ride information.

All rides need volunteers! Register for rides online at www.natrc5.org.

Classifieds

For Sale: 3 mares – Khemosabi/Serafix bred for calmness, personality and endurance. These girls are the product of years of searching for the best fit for endurance and trail riding. They are ready for any venue, halter, sport horse, trail and will excel with any type of training. They are easy to handle, imprinted, they clip, load and stand for the farrier. They were raised in a herd of mares, so are very well disciplined and respectful. No bad habits. Pictures available. Contact Mimi 256-431-8270 or griffithmimi@yahoo.com (AL)

1. HV KHEMOFIX MY HEART (Heart) – AHA 642920 - 3+ YO bay mare, 15H, imprinted, 60 days professional training. She has the speed and endurance and goes anywhere. She's been ridden at night thru cows, likes to swim. She loves her people. She is ready for NATRC, any distance competition or trail riding. \$2500
2. HV RHIANNON KHEMOFIX (Sookie) – AHA 643954 - Big, 3+ YO gray mare, 15-2H, imprinted, great personality, and pretty mover. She's got the look and temperament that will turn heads. She goes to the trainer soon and the price goes up. \$1800
3. HV KHEMOS VALORR – (Clover) - AHA 635292 – 1+ YO - Full sister to Sookie, gray, will top out over 15H. Very sweet and loves to be handled. \$1500



Heart



Sookie



Clover

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Region Five Tentative 2013 Ride Schedule

January 12	CTR Clinic @ Mingo Trails Cindy Keen, 1620 Bellevue Rd., Dublin, GA 31021 Email: cindytk@hotmail.com Site: www.netstarz.net/mingo	Toomsboro, GA 478-290-3868 478-272-5097
January 26	Spanish Trail Clinic Five Flags AHA (www.fiveflagsaha.org) & NATRC Region 5 Email: fiveflagsaha@yahoo.com	Munson, FL
February 9	NATRC GA Clinic @ Poplar Creek Farm Debbie Jones, 1038 Gaddis Road, Canton, GA 30115 Email: jonescant@aol.com	Canton, GA 404-285-0891
February 21-23	NATRC National Convention	Denver, CO www.natrc.org
March 1-2	Region 5 Mini-Convention The Hotel at Auburn University, 241 So.College Street, Auburn, AL Paula Riley, Chr. 1915 Tower Trail, Waleska, GA 30183 Email: parrides@aol.com	Auburn, AL 800-228-2876 903-926-3950
March 9-10	Spanish Trail XXVII Five Flags AHA (www.fiveflagsaha.org) Email: fiveflagsaha@yahoo.com	Munson, FL A-O,N,CP
March 15-16	NATRC GA Follow-up Clinic/Practice CTR Debbie Jones, 1038 Gaddis Road, Canton, GA 30115 Email: jonescant@aol.com	Location to be determined 404-285-0891
March 23-24	Spring in Dixie Paula Riley, 1915 Tower Trail, Waleska, GA 30183 Email: parrides@aol.com	Troy, AL A-O,N,CP; B-N 903-926-3950
April 6-7	Region Five Benefit Ride Cindy Keen, 1620 Bellevue Rd., Dublin, GA 31021 Email: cindytk@hotmail.com Site: www.netstarz.net/mingo	Toomsboro, GA A&B-O,N,CP 478-290-3868 478-272-5097
April 20-21	Springtime @ Biltmore Shirley Sobol, Star Rt 2511 NC 9, Black Mountain, NC 28711 Connie Driskell, 524 Mills Gap Road, Arden, NC 28704 Shirley Email: Shirley@sobolhouse.com ; Connie Email: csdintrig@charter.net NOTE: This ride will have a 7AM Saturday registration and vet-in for ALL riders, so if you are a one-day rider, you register, vet-in, ride, vet-out, have awards and go home all in 1 day!	Asheville, NC A-O,N,CP; B-N,CP 828-691-1227 828-684-5650
May 4-5	Faye Whittemore Farms CTR Michelle Goza, 8046 Bluff Ridge Rd., Bessemer, AL 35023 Email: madmae@bellsouth.net	Jasper, AL A&B-O,N,CP 205-229-3202
May 18-19	Virginia Highlands Judith Shrum, 1364 Laurel Creek Rd NE, Pilot, VA 24138 Email: shrumie@me.com	Ivanhoe, VA A&B-O,N,CP 540-651-8492 540-320-0499
September 7-8	Ride The Edge Virginia Tolbert, 9598 Antioch Ch. Rd. W., Lenoir City, TN 37772 Email: vtolbert@usit.net	Allardt, TN A-O,N,CP; B-N 865-986-3333 865-363-7563
September 21-22	Heart of Dixie Tammy Lineback, 662 Mark Trail, Woodstock, GA 30188 Email: tammylineback@yahoo.com	Troy, AL A-O,N,CP; B-N 678-462-0863
October 4-6	Autumn 90 @ Biltmore Shirley Sobol, Star Rt 2511 NC 9, Black Mountain, NC 28711 Connie Driskell, 524 Mills Gap Road, Arden, NC 28704 Shirley Email: Shirley@sobolhouse.com ; Connie Email: csdintrig@charter.net	Asheville, NC AA-O; A-O,N,CP; B-N,CP 828-691-1227 828-684-5650
October 19-20	Shoal Creek CTR @ Talladega Nat'l. Forest Tom Anderson, 209 McKinnon Trail, Carrolton, GA 30116 Paula Riley, 1915 Tower Trail, Waleska, GA 30183 Tom Email: taa@joimail.com Paula Email: parrides@aol.com	Heflin, AL A-O; A&B-N,CP 770-833-1856 903-926-3950
November 2-3	Kings Mountain Sarah Bridges, P.O. Box 870, Grover, NC 28073 Email: mwbdvm@earthlink.net	Blacksburg, SC A-O,N,CP 864-490-6983

Helpful Hints

Wasp Spray is better than mace or pepper spray for self-protection. It can shoot up to 20 ft. away (much farther than pepper spray) and is easier to aim. A squirt to the eyes temporarily blinds an attacker until they get to the hospital for an antidote. Also, wasp spray will kill a snake! And a mouse! It will also kill a wasp! A spray can might be too big for a saddle bag, but would be really handy in any camping situation.

Orange Cones: Look in discount stores like K-Mart and WalMart for training cones. You can get eight orange plastic cones for less than \$10. They will be in the sports section (Soccer). They are made to collapse on impact and are of a soft plastic so children won't be hurt using them. They are about a foot high and much easier on the pocketbook than cones found in horse catalogs.

Cinch sores: Carry a piece of upholstery foam. It prevents cinch sores if your horse is prone to them and stops them from getting worse if your horse happens to get one.

Region Five Trail Riders Assoc., Inc.
Sallie Kudra
220 Byrlie Way
Seneca, SC 29678-5005



Photo by Amanda Rand